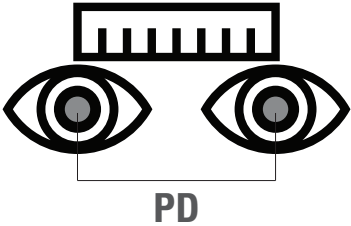


YUN Pupil distance measurement tool

What is PD?

PD is short for pupillary distance, which is the measurement of the distance between the pupils in millimeters. In order to make your eyeglasses custom to your face we need to know the distance between your pupils so the designated centre of the eyeglass lens, which holds the clearest vision, sits directly in front of your pupil.



Let's measure your PD

- 01 Print out this page with NO SCALING setting (100% size). Thicker page is better suited to give you a stable ruler.
- 02 Carefully cut the ruler out and bend the ruler along the dotted line in the middle.
- 03 Place the indented part, marked as 'N' on the ruler, on the bridge of your nose.
- 04 Look into a mirror at a distance about 20cm (8") away. Keep your face plane parallel to the mirror.
- 05 Now you can read the distance between the middle of your bridge and your pupil in the reflection of the mirror.
- 06 Right(R) and Left(L) show your right and left eyes from your perspective.
- 07 Repeat this whole process at least 3 times to get a constant measurement.

The measurement you just got is your Distance PD. If you need your PD for prescription reading glasses then you need to know your Near PD which is calculated as 2 mm less than Distance PD.
 For example: Distance PD: 62 / Near PD: 62 - 2 = 60

